



Date : 19/05/2023

Pages : 191

Format cm : 17 x 22

Prix : 21.95

EAN : 9782815316927

Toward a Self-Sufficient Home

Water, Heating, and Electricity

Authors: Tatiana Chartrain - Pascal Veronneau

Publisher : Rustica

Category : Practical Books

Genres : Sustainable Lifestyle - Home/Gardening/DIY

Keywords : Autonomy - Energy - Ecology

A guide for designing an off-the-grid house that is self-sustaining in terms of water, electricity, and heating.

Tatiana and Pascal are interested in off-the-grid, alternative living, designing a self-sustaining house inspired by architect Michael Reynolds' "earthship." Aided by community volunteers, they began building their own home. Today, they are almost entirely self-sufficient in terms of energy, water, and food, thanks to their permaculture garden. In this book, they share their experiences, giving out recipes for earth-based coatings and plasters and advice for building walls from bottles or tires, as well as detailing the low-tech solutions they put in place to reduce their energy consumption. These handy tips and tricks will inspire readers and provide much food for thought.

Sales in France: 4,000 copies