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## So You Want to Sing?

A New Approach to Singing

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<u>The choice of Delphine Gervais, Foreign Rights Manager</u> "Explore singing as a tool for self-knowledge."

This book is an invitation to reevaluate the place of singing holds in our lives. Singing is an integral part of life, and everyone has, or can always learn, the skills to do it. The body is a musical instrument that needs to be mastered, and knowledge of the part it plays is essential to good singing. Singing is also part of a personal process that involves psychological, emotional, and relationship aspects—hence the need for individually-adapted singing pedagogy.