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Sessions with the Mon

Psychoanalyzing the Men and Women of the Cosa Nostra

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The choice of Anne-Laure Polian, Editor

"Dive into the psychology of mafia members with a shrink born into the Cosa Nostra!"

Born into the ranks of the Cosa Nostra, the son of a godfather convicted by Judge Falcone, Nino Rizzo chose exile and became a psychologist. In this rare account, he retraces his journey and by the light of Freud plumbs the psychology of gangsters able to kill in cold blood before going back to being doting dads. A unique and valuable deep dive into the mental mechanisms of a world where violence, loyalty, and fragile narcissism reign.

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