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## Slow Down or Perish

The Degrowth Economy

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Author: Timothée Parrique

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A brilliant, accessible essay on the virtues of degrowth.

We have reached a dead end. This dead end is the result of our economic system, especially the turn it took after World War II. Timothée Parrique compares our current crisis to a marathon. The end of the Anthropocene is our death, or almost: if the runner keeps going the way they have been, they will die. So why don't they stop?

In his essay, Parrique deconstructs the great foundational myths of this lethal ideology of growth, detailing instead the possibility of a transition founded on environmental justice and harmony with nature, the slowing down of economic life, and a reduction in production and inequality.

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