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## Nunchi: Connect Yourself to Others

The Korean Method to Develop Your Capacity to Sense the Thoughts and Feelings of Others for a Harmonious Life

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Boost your emotional intelligence thanks to *nunchi*, the Korean art of interpersonal relationships.

Nunchi is an interpersonal skill. It enables us to understand implicit language and to act efficiently in social situations. Being able to detect unspoken communication and use this information to positively influence the interpersonal relationship enables us to build an authentic bond with others.