

ALEXANDRE MARS

PAUSE



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Take a Break!

Tips to Align Your Life

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Alexandre Mars demonstrates how each of our flaws and assets is necessary for leading an aligned life.

In this book, successful entrepreneur Alexandre Mars speaks to those who doubt. He demystifies preconceived ideas surrounding success, which sometimes seems overwhelming. After all, when we see the glamor and power in success, we often overlook the years of struggle, the hard work, the lack of inspiration, the doubts, and the failures behind it. In the end, taking a break in life can be salutary.
