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Sports

In the Beginning

Author: Jean-Manuel Roubineau

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A complete history of sports in Ancient Greece.

A reflection of a political idea that is both antagonistic and pacific, sports enabled men to measure and compare their physical strength, without trying to kill each other. They are rooted in a distant past: the first gymnasiums and stadiums date back to Ancient Greece. The figure of the athlete has been part of the social landscape for over a millennium. But they have also been widely criticized by scholars, philosophers, and medical doctors. A dive into the history of the earliest years of sports.