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Homemade Plant Cosmetics

Practice Your Way to Creative Independence

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So you want to make your own natural personal care products specifically suited to your own skin? Then plant-based cosmetics are the way to go!

Do you dream of kissing industrial cosmetics goodbye? They're against your ecological principles, potentially harmful to your health, destroy your budget, and often prove ineffective. Then try plant-based beauty products! Let this book guide you through finding out your skin type, the source of any problems you might encounter, and what might resolve them. Over one hundred purely plant-based recipes, adaptable and easy to make: soaps, creams, exfoliators, body milks... With this highly comprehensive guide, tap into your creativity and adopt a healthier, more environmentally friendly daily beauty regimen!