



## Zero Waste: Daily Routines

Reduce Your Environmental Impact: Care for Yourself and Your Household Naturally!

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Reduce your environmental impact by using these natural techniques to take care of yourself and your household!

*Zero Waste: Daily Routines* details various ways you can reduce waste. Divided into three parts—diet, maintenance, and beauty and hygiene—this practical guide provides explanations of the ways we can change our daily routines.

Humorously illustrated by Angel Anji, this book is strewn with handy tips, practical advice, and recipes to encourage us all to transition to a zero-waste lifestyle.

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