



Date : 22/09/2021

Pages : 104

Format cm : 23 x 19

Prix : 16.95

EAN : 9782203222748

## 100 Great Ideas to Beat Boring Family Routines

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Publisher : Casterman

Category : Children's Books

Genres : Activity/Game Books

Keywords : Activities - Leisure - Game

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A treasure trove of simple and hilarious ideas to spark imaginations and improve quality time together as a family.

The pandemic and lockdown reminded families of the importance of building strong relationships and making daily life more meaningful, even when it brims with boring routine. This spiral-bound book offers 100 different activities to help adults and children engage with one another, whether at home or out and about. Some activities are suitable for children as young as 2 years old. Have parents and children swap roles, draw a family portrait, dive into a bath full of books, camp out in the living room, observe nature while playing an alphabet game... So many rewarding, stimulating and inspiring ideas, all of which are easy to implement, many in a short span of time.

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