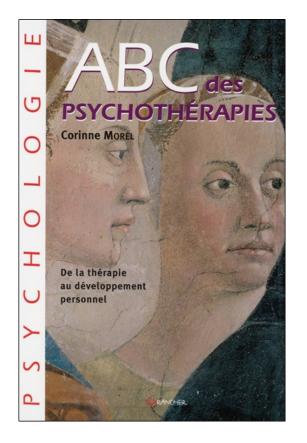
BOOKS FRANCE



Date : 26/03/1997 Pages : 250 Format cm : 14 x 21 Prix : 19.3 EAN : 9782733905432

The ABCs of Psychotherapy

Author: Corinne Morel Publisher : Grancher Category : Humanities and Non-Fiction Genres : Psychology/Psychoanalysis Keywords : Therapy - Personal development - Psychology

From therapy to personal growth.

This book reviews the main psychological theories that emerged after Freud. The new therapies of the 20th century (Gestalt, bioenergetics, primal therapy) need clarification, so that everyone can choose the theory best suited to their needs and sensibilities.