

Marcel Rufo présente

Pr Florence Askenazy

Le psychotrauma de l'enfant

Comprendre et soigner

Essai



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Professor Florence Askenazy's debut on accepting, understanding, and being there for the mental traumas and intense anxiety of your child or teen.

Issues stemming from trauma are far from an unknown phenomenon. During wars, returning soldiers and their families have talked about it. Whether victim or witness to barbarous acts, we suffer when fear and its consequences are felt in body and mind. The first psychiatric studies on PTSD arose from a need to heal Vietnam veterans. Since then, it has been recognized and diagnosed as a disease. Mood and cognitive deterioration, avoidance behaviors, vague memories—the consequences are numerous. In this book, Professor Florence Askenazy highlights the various causes and origins of such traumas, the levels of suffering they provoke, and the discoveries of new therapies.
