



Date : 01/02/2017

Pages : 247

Format cm : 15 x 21

Prix : 19.9

EAN : 9782220085128

Couples and EMDR

An Integrative Therapy

Author: Jacques Roques

Publisher : Desclée de Brouwer

Category : Humanities and Non-Fiction

Genres : Psychology/Psychoanalysis

Keywords : Psychology - Couple - Therapy

A guide to solving dysfunctional communication between couples using EMDR. For the general public and health professionals.

This book addresses a common issue: couples facing relationship troubles, often not because their partners are inherently bad or made poor choices, but due to conflicting values. These couples once deeply loved each other but now struggle to communicate and feel desperate. The root of these problems lies in each person's personal history and the history of their relationship since they first met. This book uses anecdotes and clinical cases to illustrate this discord, providing effective therapeutic solutions.
