

Alain Abelhauser

UN DOUTE INFINI  
L'OBSESSIONNEL  
EN 40 LEÇONS



SEUIL

Date : 03/09/2020

Pages : 291

Format cm : 15 x 21

Prix : 22.0

EAN : 9782021455977

## Infinite Doubt

The Obsessive in 40 Lessons

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Publisher : Le Seuil

Category : Humanities and Non-Fiction

Genres : Psychology/Psychoanalysis - Essay

Keywords : Obsession - Humor - Mutual Aid - Logic - Growth

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When making decisions, being determined, and speaking up are all impossible Gordian knots: this book paints a delightful portrait of obsessionals.

What is an obsessional person? Someone like you and me. Except they're doubtful. Not because they're not self-confident, but because doubt is necessary for them to live. Or rather, to avoid completely dying. They experience sex as embarrassment, love as avoidance, repetition as refuge, and death as diversion. They shield themselves from their own thoughts, because these threaten them, by making themselves stupid. They make their solitude the backdrop to their personal myth, each protective measure an additional burden, and their debt something irreducible.

That's what this book is about: no treatise, but a funny, touching portrait of obsessionals, encouraging us to understand what it has to offer.

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Sales in France: 2,000 copies