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Alena's Vegetable Garden

Author: Sophie Vissière (Text/illustrations)

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Category : Children's Books

Genres: Picture Books

Keywords: Agriculture - Seasons - Chakra - Observation

A poetic introduction to the cycle of Nature and gardening.

Alena the farmer grows crops in her fields. As the seasons change in this story, readers may observe the Cycle of Nature, from a bare patch of soil to a big beautiful field, from planting to watering, weeding to eating. Children will learn about the importance of patience and hard work when it comes to growing the most beautiful fruits and vegetables, all pictured on the final two-page spreads that end each season.

Through the eyes of a young, observant girl, Sophie Vissière offers a serene and quiet vision of a landscape changing throughout the seasons.

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