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Being a Mom Can Make You a Feminist! Pregnancy, Postpartum, and the Mental Load

Author: Fabienne Lacoude

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A funny, straightforward guide to get moms talking freely, asking the the right questions, and taking back motherhood.

Everyone thinks moms have to find answers to their "little" everyday problems by themselves. But families are private affairs, and it's a short step from private to taboo. It's high time motherhood was a major feminist issue, high time we told all mothers they're not alone, don't have to be perfect, and have every reason to complain. Let's fight together to make a difference! This book doesn't set out to demonize motherhood—quite the opposite! While it's vital to debunk the idea of motherhood as pure happiness and fulfillment, it's just as vital to reinstate motherhood as a potential site of empowerment and feminist awareness.
