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Natural Fertility

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Genres: Well-Being/Self-Help - Couples/Family

Keywords: Alternative medicine - Naturopathy - Human

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Understand natural approaches to fertility.

When a couple consults a gynecologist, the classic answer is "Try for 6 or 12 months and come back to see me." During these long months, they are left to their own devices, with no diagnosis and no knowledge to optimize their chances of having a child. This book, written by an experienced gynecologist and naturopath, will help you understand male and female fertility, taking an empowering approach to making them work; decipher gynecological doubletalk, developing a no-taboo relationship with the process of conception; and enjoy a naturopathic perspective on fertility.