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100 activités *sensorielles* avec mon enfant

0-6
ans



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100 Sensory Activities for my Child

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A complete toolbox for promoting the development and strengthen the self-confidence of children ages 2 to 6 by awakening their senses.

Until the age of 6, children discover the world through their senses. The sharper these are, the better their apprehension and understanding of the world will be. A child with awakened senses is more likely to appreciate the beauty of nature, a beautiful painting, or harmonious music. As they grow, they will not need to resort to artificial consumption to feel emotions, instead able to derive these from their surroundings.

Thus, it is fundamental to offer young children activities that will enable them to refine their senses. This book will help you to do so with more than 100 playful and progressive activities, no expensive equipment necessary!

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