



Date : 06/05/2021

Pages : 206

Format cm : 20 x 25

Prix : 22.0

EAN : 9791030103892

Saddle Up, Ladies!

A Cycling Guide for Women

Author: Louise Roussel (Text/illustrations)

Publisher : Tana

Category : Practical Books

Genres : Sports/Games - Tourism/Travel - Lifestyle

Keywords : Cycling - Bike - Touring - Running

A cyclofeminist call and an invitation to discover cycling in all its forms, from urban rides to bikepacking, for a more inclusive cycling culture!

The future of cycling will be female! A cyclofeminist call and an invitation to discover cycling in all its forms, from urban rides to bikepacking, toward a more inclusive cycling culture! Whether it's bike-commuting, gravel riding, bike racing, mountain biking, ultra-distance cycling, bikepacking, bike trekking, bike touring or flashpacking, this book has it all! Women's voices are a source of inspiration, and with her firsthand account, Louise Roussel proves that a passion for cycling can grow out of nothing, sparked by pure chance. Eighteen other women cyclists share their own experiences, showing how accessible and liberating cycling can be.

Rights Sold: Germany