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Solving Problems with Sports

A Journey Into Possibility

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A world tour of initiatives unleashing the social potential of sports.

In this book, David Blough discusses what sports can offer, how it can benefit the least privileged. He recounts the journeys of educators, organizers, coaches, and trainers who use sports to positively influence the lives of thousands of people. Although it's not up to associations and pioneering nonprofits to bear the entire burden of solving all social ills, they do constitute an incubator for what sports could be in the future. A captivating account from an embedded observer, this book shows us just how sports can be a laboratory for creativity and solidarity.