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## Plastic

The Whole Package

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Authors: Nathalie Gontard - Hélène Seingier

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A much-needed book about our society's addiction to plastic.

Nathalie Gontard has been exploring and studying plastic in her laboratory and all over the world for 30 years. Initially fascinated by its potential, she watched as it stealthily invaded the planet. She found its footprints on beaches, in the soil and even inside animals.

We now need to face facts: recycling won't stop the contamination of our environment. We must eradicate the source of the danger. It's up to us to bring an end to this catastrophic overproduction! We must acknowledge our addiction in order to reduce our consumption to what is strictly necessary: a challenge perfectly accessible to one and all, which this book encourages us to take up straight away.

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