



## The Art of Expressing Anger without Getting Angry

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Learn how to debate without getting everyone mad at you.

Deploying pertinent arguments, effectively expressing your opinions while politely questioning those of others--such skills are learned, not improvised. Debate is a fine art, and here to instruct readers in the delicacy of critical thinking and expressing disagreement are statistician Nathan Uyttendaele and 'artiste Adelina Kulmakhanova. This work combines know-how with a humorous approach, outlining best practices and those best avoided.

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