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## FRÉDÉRIC GROS

La honte est un sentiment révolutionnaire

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## Shame Is a Revolutionary Feeling

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"What if philosophy's secret function were to provoke shame: not to make us withdraw into ourselves, but to increases our anger and makes us show more solidarity?"

Today, shame is everywhere. Three imperatives dominate contemporary society: "Stop being ashamed of yourself!", "There's no such thing as shame anymore!", and "Shame on you!". Each of these represents a specific aspect of shame. First, there is sadness-shame, which ruins lives and keeps people from experiencing the joys of living. Second, restraint-shame, which tempers enthusiasms, establishes inner order and harmony, structures relations with ourselves and others, and prevents existential chaos. Third comes anger-shame, which provokes indignation, encourages solidarity, and excites our political imagination. "Shame," wrote Marx, "is a revolution in itself."

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