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A Day in the Life of a Hedgehog Family

Practical Solutions for a Peaceful Family Life

Author: Aurélie Chien Chow Chine (Text/illustrations)

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Category : Practical Books

Genres : Couples/Family - Well-Being/Self-Help

Keywords : Positive learning - Sisters - Taste

Tips and kindly oversight from a sophrologist for forging better parent-child relationships.

Moving yet humorous, this book is an authentic guide to kind and compassionate learning, brimming with practical advice for making family relationships go more smoothly. The members of the hedgehog family all love each other. But they don't always understand each other! Through presentations of ten everyday situations rife with potential for conflict (mornings, leaving for school, friends, meals, homework, quarrels between siblings, games, bath time, bedtime, fears at night...), the author analyzes the sensations, emotions, obligations, and pace of each individual.