



The World's Best Places for Meditation

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From India to Cambodia, 80 places around the world for revitalizing yourself.

A tour of the world with a twist: these are places off the beaten track, far from crowds, the stress and hubbub of modern life, places where you can reconnect with yourself and regain control over time, which passes by unnoticed when you're too busy to take a deep breath. From a secluded natural hideaway to an ornate abbey, these are places where everyone can come to rest and recharge.

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