



Date : 06/05/2021

Pages : 141

Format cm : 17 x 22

Prix : 13.5

EAN : 9782072932519

Zero Waste in my Kitchen

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Publisher : Alternatives

Category : Practical Books

Genres : Well-Being/Self-Help - Food and Drink - Sustainable Lifestyle

Keywords : Recycling

The waste produced by our daily food habits can go on to a second life!

Discover more than 40 practical, simple and quick ways to recycle kitchen waste, not only in recipes but also cosmetics, household products, and clever DIY garden hacks. This guide, with its illustrated step-by-step instructions, will show you how freely and easily you too can become an environmentally conscious citizen and contribute daily to making the world a better place. Peelings, cooking water, tea bags, coffee grounds, eggshells, seeds, and expired food can be transformed into Christmas tea, face tonic, ginger pancakes, plant fertilizer, or even modeling clay. Your waste will never stop surprising you!
