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Gastronomical Confessions

Author: Alain Bauer

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The gastronomical confessions of fifty-nine chefs working in France today.

Fifty-nine chefs (including Iñaki Aizpitarte, Yannick Alléno, Hélène Darroze, Alain Ducasse, Kei Kobayashi, Grégory Marchand, Anne-Sophie Pic, David Toutain, and Antoine Westermann), sometimes accompanied by their muses or alter egos, decided to use a period of doubt, uncertainty, and even crisis to recount their journeys, their transformations, their hopes for the future. Frank, soul-searching, these confessions were elicited by the well-meaning but curious food critic Alain Bauer, who during his time in academia was able to spend time with these chefs, befriend them, and gain their trust for this unique and unprecedented book.
