



Histoire et cuisin





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The Big Book of Edible Flowers

Author: Mireille Gayet
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History and Cuisine. With 286 colorful recipes.

Gastronomically speaking, a dish's presentation is as important as how it tastes. Colorful flowers can enhance its flair, delighting our eyes and exciting our taste buds. Among the 250 edible flowers, this book lingers on those most likely to be found in a backyard garden or growing on a terrace, easily recognizable and widely available. Guests are sure to be delighted!

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