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The Neuronal Symphony

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Why brains can't survive without music.

Scientists and musicians Emmanuel Bigand et Barbara Tillmann present the latest scientific discoveries in an accessible way, showing just how much music can change our lives, no matter our age, gender, talents, or schooling. The effects are surprising and start as soon as we're born. Both educational support and social lubricant, listening to music improves health and helps us fight mental decline.

Adaptations: Film rights sold