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## **Plant Therapy**

Author: Camille Soulayrol
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Category: Practical Books
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Keywords: Herbarium - Metamorphosis - Children mental

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Grow an indoor garden and make your home a veritable paradise!

This book combines foolproof growing tips for popular houseplants with thirty tutorials for home decoration, crafts, and natural health and beauty products. It includes step-by-step instructions for cultivating cacti, succulents, or your own terrariums and hanging displays; craft projects that range from flower crown-making, natural textile dyes, and embroidery to framed blossoms and table settings that incorporate herbs and leaves; as well as recipes for home-made cosmetics, dried herbs, dyes, and essential oils.