



Date : 20/02/2020

Pages : 237

Format cm : 13 x 21

Prix : 17.95

EAN : 9782749940830

Here for You

Author: Dr Stéphanie Marchand-Pansart (Text)

Publisher : Michel Lafon

Category : Practical Books

Genres : Well-Being/Self-Help

Keywords : Elderly

An indispensable guide for all caregivers.

With a generous dose of humanity, *Here for You* highlights the indispensable role caregivers play and shares precious tips to help them manage the pressure. Drawing on 15 years' experience as a clinician, Dr. Marchand Pansart outlines a path of kindness and understanding to help you care for others without losing yourself in the process. Full of practical tips, his book offers advice on how to manage emotionally charged decisions, handle refusals of treatment, and make choices about seeking outside help or placement in a retirement home.

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