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The Poor Man's Doctor

Precious Recipes for Natural Healing from Doctor Beauvillard

Author: Doctor Beauvillard

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A vibrant hommage to our ancestors' healing traditions.

The *Poor Man's Doctor*, an eclectic herbal and medicinal textbook, was a huge success back in the 19th century, with over 40 editions reissued and 500,000 copies printed per year until 1940. Revised by a naturopath, this up-to-date edition provides 500 medicinal and home cure recipes for all kinds of illnesses. The most used 100 medicinal plants and their healing virtues are displayed in illustration along with the most common diseases and their remedies.

Sales in France: Previous editions of this title had annual print runs of over 500,000 copies