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## **Pedestrian Crossing**

Author: Laurence Bril

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"How I escaped hyper-connectivity through walking."

In 2017, Laurence Bril, hyper-connected journalist, feels increasingly overwhelmed by her digital life, to the point where she decides to press stop and distance herself-literally: for over a year, she leaves the Internet and social networks behind... to go for a walk. *Pedestrian Crossing* is a magnificent ode to walking, seen as a way to slow down, to (re)discover nature, and to reconnect with what is essential, in a world that is constantly moving faster and faster.