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Managing Your Family's Screen Time

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The guide to preventing technology addiction in your children!

Is your child addicted to his cell phone? Do you struggle to make him step away from the screen in the evening, at night, during the holidays, meals, or whenever he has important things to do? You may have already established some rules, and you were right to do so. To avoid the escalation of technological addiction as soon as possible, discover all the preventing keys and strategies. For parents, teachers, and all those who work with children and teenagers.
