

Clémentine Gallot & Caroline Michel

LA CHARGE SEXUELLE

Désir, plaisir, contraception, IST...
encore l'affaire des femmes



**POURQUOI LA SEXUALITÉ
EST L'AUTRE CHARGE MENTALE
DES FEMMES**

FIRST
EDITIONS

The Sexual Workload

Authors: Clémentine Gallot - Caroline Michel

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Desire, pleasure, contraception, STDs... welcome to the sexual workload.

Desire, pleasure, birth control, STDs... welcome to the sexual workload. In this powerful and political critique, Clémentine Gallot and her co-author Caroline Michel inventory the various forms the sexual workload takes in intimacy: being ready to please, worrying about our partner's libido and our own, looking for information about a more fulfilling sexual life, taking charge of birth control... In showing how the sexual workload can be comparable to the idea of "mental load", this book offer keys and tips to help everyone toward a happy, open and inclusive sexuality of their own invention.

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