

Delphine Apiou



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## My Little One

Letter to the child I did not have

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What is life without a child? How I became nulliparous. A deeply moving and radiant text.

Countless blogs and Instagram accounts recount the experiences of 2.0 mothers and their babies. The well-being of children has become a central subject if not an obsession.

For the author of this book, not being a mother was a source of pain, which turned into regret. But in the end, that doesn't prevent her from being a fulfilled woman. Like her, this letter to the child she never had is deeply moving, funny, full of life, and profoundly human.