

Valérie Lavallé  
alias *Allô Maman Dodo*

# DEVENIR UNE HAPPY FAMILY

en 365 trucs & astuces



D'APRÈS LA PAGE FACEBOOK  
AUX 58 000 FANS

POCHE  
LE DUC  
PARENTALITÉ

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## Becoming a Happy Family in 365 tips & tricks

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All the tips and tricks you need to be a happy family!

When you become a parent, your life completely changes. And it's not always easy managing a family, but sometimes all we need is a few tricks up our sleeves to put an end to petty arguments, have more time, and above all make life as easy as possible! This guide ranges from old tricks to practical advice on how to get your kids to tidy their room you in a snap of your fingers, ward off nightmares and monsters at night, make them eat vegetables, deal with the little bumps and bruises of everyday life, leave the house on time in the morning but also to simply enjoy the moment!

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