



## Family Constellations

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Publisher : Leduc

Category : Practical Books

Genres : Well-Being/Self-Help - Couples/Family

Keywords : Psychology - Solar system - Eating disorder

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Revisiting our family past in order to free ourselves from it.

Our family, personal and professional difficulties are often a wakeup call to revisit our past: by taking the time to explore our emotions, we can detect the people and events that linger.

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Date : 13/10/2020

Pages : 192

Format cm : 15 x 21

Prix : 17.0

EAN : 9791028517656