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500 Days on a Bike

Family Travels Across Europe and Asia

Authors: Céline Dubourg Treussier (Text) - Vincent Treussier

(Photographer)

Publisher : La Martinière Category : Practical Books

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A family's long-distance journey across Europe and Asia by bike.

In April 2019, Céline and Vincent Treussier, set off on a long trip with their two sons, Émile, age four, and Fernand, age two. Destination? Asia! Athletic, mindful of reducing their carbon footprint, and eager to embark on a journey of a different kind, they opt for an alternative means of long-distance travel: the bicycle.

This lushly illustrated travel book chronicles their journey country by country and invites readers to consider a new way of traveling: taking the scenic route, experiencing the pleasure of chance encounters and the rewards of physical effort.